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The opinions expressed here do not necessarily reflect the views of every panelist each month. The Health Sciences Institute acknowledges occasional differences of opinion among panelists and welcomes the exchange of differing points of view.

One-time charge for long-time relief from chronic pain

by Kathryn Mays Wright

In the May 1998 issue of *Members Alert* we wrote about the FDA ban on one of the products we had featured several years before—a pain relieving blanket made from a fabric called Farabloc™. That's right: It's not just vitamins, herbs, and other natural supplements the FDA wants rid of—it's all alternative therapies, even items as harmless as a blanket.

When we told you about the Farabloc "embargo," we promised to keep you up-to-date and hoped to have good news to report in the near future. Well, it took six years, but we finally got that good news: Just days ago we received a letter from ABC Health Solutions letting us know that Farabloc has received an FDA registration number—one of the necessities for supplying it to the American market. What does this mean for you? For one, it offers a bit of assurance that natural products that work do sometimes surmount the government roadblocks continuously put in their way.

But beyond that, it also means you once again have access to this powerful, completely non-invasive pain relieving tool.

Sometimes evidence isn't enough

First, a little background on how things got to this point.

Although it demonstrated fantastic success for pain management and had proven itself in clinical studies, the FDA removed Farabloc from the

American market. It declared that there was insufficient evidence to "adequately demonstrate the safety and effectiveness of Farabloc" technology.

Hardly.

In addition to the clinical trials supporting it, it had also earned enthusiastic endorsements from physicians, insurance agencies, and consumer groups. And the feedback we received from scores of HSI members related near-miraculous results—including the elimination of knee pain, stiff necks, stump pain, arthritis, hip pain, muscle sprains, menstrual cramps, and migraines. In fact, one of our own staff members swore that the Farabloc blanket was the best—and only—relief she ever found from constant lower back pain caused by a slipped disk.

But, again, sometimes when a product works—really works—and the market demands access to it, things have a way of re-emerging. And Farabloc happens to be one of those things that really, truly works.

A new way to weather your painful symptoms

For generations, anecdotal evidence has demonstrated that people can predict weather changes based on symptoms flare-ups they feel in their bodies. Maybe you've noticed your own joints aching just before a rain-storm or when a cold front moves in. Well, in 1969, a German scientist

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Our Mission

The *Health Sciences Institute* is dedicated to uncovering and researching the most urgent advances in modern underground medicine.

Whether they come from a laboratory in Malaysia, a clinic in South America, or a university in Germany, our goal is to bring the treatments that work directly to the people who need them. We alert our members to exciting breakthroughs in medicine, show them exactly where to go to learn more, and help them understand how they and their families can benefit from these powerful discoveries.

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named Frieder Kempe began researching those claims to determine if there was any hard evidence to back them up.

He theorized that the shifts in electromagnetic fields causing weather changes may also be behind the physical symptom changes people experience during these times. To test out his theory, he created his own version of something called a Faraday Cage and used it on his father, a WWII veteran who had lost a limb in combat and suffered phantom limb pain during climate and other environmental changes.

A Faraday Cage is a physical shield that completely blocks external electrical fields from coming into contact with—or affecting in any way—the object beneath it.

Granted, it sounds rather difficult to employ in real-world applications, but it's actually used every day in nearly every hospital. MRI machines utilize the concept of the Faraday cage as a means to keep the room free from radiation. The actual "cage" used for MRIs is made of an iron-containing metal, arranged in a grid pattern, that blocks high level electromagnetic frequencies or radiation from escaping the tunnel.

The fabric Kempe developed for his Farabloc blanket is made in the same way, only with a much finer grid. Of course, Farabloc isn't protecting outside environments—it's actually doing the reverse: protecting you—and all your cells—from the impact of those electromagnetic fields that cause atmospheric and environmental fluctuations.

To create his first prototype,

Kempe hired a Belgian-based firm to spin fine steel mesh onto nylon thread. He then hired a German firm to weave the fibers into cloth. The result was a thick, stiff, uncomfortable, itchy fabric. Not exactly ideal—but it worked. When his father tried it, he reported complete relief from his phantom limb pain.

So following his initial success, Kempe set out to create a thinner, softer, more comfortable fabric.

He tested cotton and linen versions, but found them both less durable than the nylon fabric he'd originally chosen. The final version available today, is made of microthin threads of stainless steel fibers woven with nylon. This lightweight fabric looks and feels like linen, and, with proper care, it can last for years.

Weaving the way to relief from phantom limb pain, muscle fatigue, and even fibromyalgia

Because it worked so well to relieve his father's pain, Kempe continued to explore other applications for his Farabloc fabric. One of the more unique came when Kempe teamed up with veterinarians to test the product on animals. It worked so well on horses, helping their muscles recover from strenuous exercise much faster than rest and relaxation alone, that it's still used for this purpose today (as a version of the product called Equi-bloc).

Although things that work fantastically on animals do not always have the same effects on humans, decades of significant research have demonstrated the healing potential of Farabloc for people. Since our first report on Farabloc in July 1996, many studies have been done—perhaps as a

vehement retort to the FDA's position that there was insufficient evidence to "adequately demonstrate the [product's] safety and effectiveness."

Most of the research has been devoted to phantom limb pain like the kind Kempe's father experienced. However, Farabloc is also holding its own in demonstrating relief for other conditions—from arthritis to fibromyalgia.

One award-winning double-blind, cross-over study published in January of 2000 examined the effects of Farabloc and a placebo fabric on a condition called delayed-onset muscle soreness (DOMS), which occurs following strenuous exercise.

The researchers concluded that Farabloc worked significantly better than placebo at reducing post-exercise stiffness and soreness. It also reduced the subsequent build-up of lactic acid and free radical damage.

And I recently got a sneak peak at two not-yet-published studies conducted by Gerhard L. Bach, M.D., professor of medicine/rheumatology at the University of Munich in Germany on the use of Farabloc to treat fibromyalgia. Although the studies were small, they concluded that Farabloc showed a strong positive effect on the pain and tenderness associated with this condition.

As I said, these studies are so recent they haven't even been published yet—so you're among the first people to hear about Farabloc's proven effects on fibromyalgia. There's so little available to help alleviate this debilitating condition that these studies, and the re-introduction of Farabloc to the U.S. market, may revolutionize the future of

fibromyalgia therapy—and dramatically improve the lives of those people afflicted with it.

Cover up, sleep better

Covering up with the Farabloc blanket when you go to bed might actually be a good idea in more ways than one: Not only will it help relieve your pain, but it may help you sleep better too.

According to a study published in the September 2004 issue of the *Journal of Cellular Biochemistry*, "long-term EMF [electromagnetic field] exposure leads to a chronically increased level of free radicals, subsequently causing an inhibition of the effects of the pineal gland hormone melatonin."¹

Granted, this study focused only on melatonin's effects on other aspects of health—specifically its DNA-protective properties. But since melatonin is the hormone that helps regulate sleep patterns, it's logical to assume that if electromagnetic fields inhibit its effects, sleep quality could also be negatively affected. With Farabloc blocking those fields from reaching you, it may allow your body to produce and use melatonin more effectively, helping you sleep better—and more soundly—in the process.

The faces peeking out from under this "miracle blanket"

When I spoke to Pat Winterton, president of ABC Health Solutions, Farabloc's U.S. distributor, I wasn't at all surprised when she told me she had a personal motive for bringing Farabloc back into the U.S.—her husband. After a stroke, he was left partially paralyzed and suffering from terrible nerve pain. Although she

admits that Farabloc does not help everyone and that each person's response time varies—due to environment, lifestyle, disease, etc.—she will tell you that it's the only thing that has truly brought her husband any relief. And Mr. Winterton isn't the only one getting a long-sought-after reprieve from pain. Check out what some other people have experienced:

Three years ago, Pauletta L. was diagnosed with peripheral neuropathy. She says her feet would get ice cold, lose feeling, and generally make it very hard for her to walk comfortably. Her doctor told her that there was really no treatment for the condition, but he did prescribe her a drug that he said would relieve her symptoms somewhat.

But then, Pauletta explained, a friend gave her a Farabloc blanket to try.

"I slept with this blanket around my feet that night," Pauletta told me, "and as soon as I woke up in the morning and stepped on my floor, I could feel a difference in my feet...My feet still occasionally get cold, but I simply wrap them in the blanket for a few moments and they are OK again.

To keep my feet feeling good I sleep with the blanket over them two or three nights per week. I am eternally grateful to my friend for this gift that she gave me. I can now walk around and shop for hours without needing to sit and put my feet up. They are no longer swollen after a long day on them as they used to be.

I was a skeptic. Even my doctor asked me if I had to put an aluminum foil antenna on my head to get the blanket to work. I am

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U.S. National mountain bikers give highest overall performance rating to Arthroxin

by Kathryn Mays Wright

Many of you not only read our July article on the new herbal arthritis cream Arthroxin but, as we have learned, you've also flooded Kinetana with orders for it. We were thrilled to hear that it's working so well for you.

The results of our informal trial are in too, and they look just as positive.

In my own house, my husband Ken is still raving about Arthroxin. Being the perpetually skeptical researcher, I put him through the same pre-Arthroxin (before use) and post-Arthroxin (after four weeks of use) assessment questionnaire we gave to the extreme downhill bike team we told you about in July.

Pre-Arthroxin Ken reported joint pain, stiffness, and muscle pain—as well as fatigue in his hands from wrenching on bikes and playing his guitar for hours at

a time: pretty extreme stress on his hands, fingers, wrists, and shoulders. Post-Arthroxin, he reported no pain and stiffness at all and rated the overall performance of Arthroxin as very good. (Questionnaire choices were none, mild, good, and very good.)

He also said he would definitely use it again and would recommend it to others.

As for the extreme sports downhill mountain bike racing team we promised to report on: Well, they finished up the season just days ago feeling surprisingly limber after several weeks of Arthroxin use.

The overall standout in this trial was team captain Mike H. Not surprisingly, this 33-year-old extreme sports enthusiast was feeling pretty banged up when he began using Arthroxin for his bruises, muscle pain, and stiff

ankle and knee joints.

Mike applied Arthroxin to his ankles and knees for four weeks. Afterward, he reported that his pain and stiffness went from moderate to none. And he rated the overall performance of Arthroxin at the highest level.

Other team members all experienced relief during the four-week trial and all would definitely recommend Arthroxin to other people suffering from arthritic and muscle pain.

So all in all, everyone who has tried this unique formula—from extreme racers to our own families and many of you—seems to give it a resounding endorsement.

If you'd like to try it for yourself, Kinetana is offering free samples. Get one by calling (866)676-4325. **HSI**

relief from chronic pain

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a believer now. Drug free. Pain free. Swelling free. And, most importantly, no longer freezing cold. This product worked a miracle for me.”

An investment in relief

Since its creation, Farabloc fabric has taken on many forms. There are, of course, the original blanket versions, which range in size from 12 inches by 30 inches to 34 inches by 58 inches. But there are also unique variations like socks, mitts, cummerbunds, and even full short- or long-

sleeved jackets. You can also have an item custom-made, if you have a particular need that the other Farabloc products don't address.

Prices range from \$70 all the way up to over \$700, depending on which specific product and size you choose. So Farabloc isn't necessarily a bargain. But considering that it's reusable (and even machine washable, provided you don't wring it out), it may very well be an investment that you can continue to collect returns from for years to come.

And there are no side effects to worry about unless you happen to be allergic to nylon or steel.

To be quite honest, we're not sure what changed the FDA's mind about Farabloc. They've refused to see the light on numerous other highly effective natural products.

But regardless of the reason or motive behind the decision, it's great news for people who have been without this powerful pain reliever for the past six years. And, who knows? Maybe this will pave the way for re-introduction of other previously banned products that could be a godsend for you or someone you love. **HSI**

Citation available upon request and on HSI website

HSI panelists pioneer the next generation of health shakes

by Kathryn Mays Wright

Health shakes and sugar. Sounds like an oxymoron, yet the truth about many fitness shakes on the market—and perhaps on your kitchen counter—is that, in some instances, they aren't all they're cracked up to be. Many of them contain substantial amounts of sugar. Or, more accurately, sugar substitutes like aspartame, sucralose, and dextrose.

So much for "health."

Maybe they should change their labels to say "85% Healthy Shake" or "Pretty Good for You Shake." But there are a few that do live up to their labels. In fact, two of our own panelists have taken on the current health shake industry and created their own formulas that stand out from the masses, providing you with real nutrition.

Super foods combined for first time into SuperFood

First, let's take a look at Jon Barron's Private Reserve SuperFood shake. Barron spent 15 years designing this formula for his personal use with the intention that it should promote overall health and longevity. But he also knew that it had to be easily mixable, smell good, and taste great. What he came up with was a formula that met several important criteria. Barron's SuperFood shake:

- has a good complement of vitamins and minerals, but doesn't try to replace your daily vitamin pill
- contains enough protein to live on, without being a body-building supplement
- has lots and lots of soluble and insoluble fiber

- is very high in omega-3 fatty acids
- is rich in ultra-long-chain carbohydrates for sustained energy and low glycemic response
- and, most important of all, is a major resource for antioxidants and phytochemicals.

The ingredients achieving all these goals are: Pizzey's Beverage Grade Flax, rice protein, yellow pea protein, bamboo fiber, rice bran solubles, activated barley, wheat sprouts, spirulina, chlorella, dried prune, carrot juice powder, pomegranate, wheatgrass, nopal, mangosteen, noni powder, aloe vera, cordyceps, camu camu, Graminex™ Flower Pollen Extract, stevia, astaxanthin, and Chlorozyme.™ No wonder he calls it a superfood.

Although you've probably heard of many of these ingredients individually, they've never actually been combined in one mix. And since it would take more space than we have available here to explain the benefits of each ingredient, let's just look at a few of the lesser-known:

nopal, mangosteen, camu camu, and activated barley.

400% more energy and much more

You might remember us telling you about activated barley in the May 2004 issue of *Members Alert* when Barron added it to another of his shakes (Accelerator meal-replacement shake). This unique form of barley has some very specific health-promoting properties.

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And another thing...

...If you want to help control high blood pressure, get married. That's the conclusion of a recent study that showed how people who have hypertension are more likely to have difficulty controlling their condition if they're single, separated, divorced, or widowed. Among these four groups, patients who were separated had the least success in controlling hypertension. Researchers speculate that unmarried people may have less access to treatment or a tendency to be inattentive toward treatment.

...Is your car in better shape than you are? It might be if you're male. More than 80 percent of men surveyed say they've had work done on their car over the past year. Among that same group, only 66 percent visited their doctor for an annual checkup. The fact that car care gets more attention than personal health isn't really a surprise to researchers, who note that men tend to ignore possible adverse symptoms and generally put off doctor visits.

...Medical errors account for nearly 100,000 deaths each year in the U.S., and many of those errors occur during surgery. The solution? A timeout. Last summer, accredited hospitals in the U.S. started a new program requiring that each surgical procedure begin with a "timeout," giving doctors and nurses a moment to review and verify each patient's identity, the nature of the procedure, and the exact site to be

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health shakes

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Like regular barley, it ranks incredibly low on the glycemic index and has high levels of tocotrienols and beta glucans.

It is an ultra-long-chain carbohydrate that takes up to four hours to break down in the digestive tract—thus providing a slow, sustained release of energy and insulin. Because the release is so slow, it actually lowers the body's insulin response.

And it provides over 400 percent more energy per calorie than any other food calorie known.

Nopal is native to the southwestern desert regions of the United States and Mexico and has a whole range of health benefits (all proven in numerous studies, both animal and human). These include the ability to lower blood sugar levels by blocking absorption of sugar in the intestinal tract; lower overall cholesterol levels, improve the ratio of HDL to LDL cholesterol, and lower triglycerides; lower blood pressure; induce weight loss by curbing appetite and facilitating the breakdown and excretion of fat; prevent ulcers; support the liver and pancreas; and cleanse the bladder and lymphatic systems.

Mangosteen contains a unique group of antioxidants called xanthones. Xanthones, particularly beta and gamma mangostin, work to maintain the immune system, support cardiovascular health, optimize joint flexibility, are naturally antibiotic, antiviral, and anti-inflammatory, and are some of the most powerful antioxidants found in nature. In addition, recent studies have confirmed that gamma mangostin is a potent COX inhibitor, an important factor in

reducing inflammation, pain, and fever.

And camu-camu is the single most concentrated source of vitamin C found in nature, containing 30 to 60 times more of this essential nutrient than an orange. It also contains thiamin, riboflavin, and niacin and is rich in bioflavonoids.

Barron recommends that you use two 1/4-c. servings per day mixed in 12-oz. of diluted juice (4-oz. juice, 8-oz. water). Since it's sweetened only with all-natural stevia and whatever juice you use to mix it, you can be assured that you're not getting any of the artificial sugar substitutes that permeate so many of the other shakes on the market.

At nearly \$90, it's not the cheapest health shake out there, but if you tried to buy the ingredients individually, it would cost you several hundred dollars. So this formula really offers quite a bit of bang for your buck. It's available through Baseline Nutritionals at (800)695-5995, (915)546-6031, or www.baselinenutritionals.com.

Grass-fed protein feeds you better

For those of you interested in eating more protein without having to load up on red meat or on processed foods, the next shake may be the one for you.

Ann Louise Gittleman designed her Fat Flush Whey Protein as a complement to her Fat Flush Plan, but you can drink the shake without doing the whole program. The proteins and glycomacropptides (critical healing protein compounds) in this product assist in healthy weight management, lean muscle mass development, increased energy, cellular repair, anti-aging, and

immune enhancement.

Not only is it a good source of biologically active protein, but Fat Flush Whey Protein also naturally contains the highest levels of lactoferrin, immunoglobulins, a unique type of active peptide known as glycomacropptides (GMPs), and growth factors.

Lactoferrin is a protein with antiviral, antibacterial, and anti-inflammatory benefits. Immunoglobulins contain numerous properties that enhance the immune system. GMPs are unique peptides exceptionally rich in amino acids shown to stimulate the brain to release cholecystokinin (CCK), a hormone that signals your brain when you are full thereby acting as a natural appetite suppressant. And growth factors are protein fractions that help regenerate all aged or injured cells in the body, build and retain muscle, burn fat for fuel, repair DNA and RNA, fight infections, and help regulate blood sugar and brain chemicals.

As Gittleman explained to me, Fat Flush Whey Protein is the only commercial whey protein powder on the market today that is made with milk gathered from herds that graze on disease-free, pesticide-free, and chemical-free natural grass pastures. And unlike just about every other whey shake, it *does not* contain sucralose or any other artificial sweetener. In fact, Fat Flush Whey Protein doesn't contain wheat, salt, corn, artificial colors, artificial flavors, preservatives, pesticide residues, or synthetic fillers either. It's sweetened only with stevia and inulin (a pre-biotic that nourishes the intestinal flora).

The other ingredients you *will* find in Fat Flush Whey Protein are proprietary whey protein concentrate, lecithin, and guar gum.

Right now, it's only available in vanilla flavor, but Gittleman told me that a chocolate version is in the works.

The serving size is 30 grams, or one scoop per shake. There are 30 servings per container. The label indicates instructions for use if you're on the Fat Flush Plan, but even if you're not on the program,

Gittleman still suggests that you stick to two shakes per day to limit your overall caloric intake.

Fat Flush Whey Protein is available for all Health Sciences Institute members through www.unikethealth.com or by calling (800)888-4353. Just mention that you are a member for a 10 percent discount. **HSI**

No flu vaccine? No problem. Protect yourself without that shot in the arm

The media loves nothing more than a good crisis. But October's announcement that nearly half of the U.S. supply of flu vaccine will not be available for the upcoming flu season isn't really a crisis for anyone who prepares for the season wisely.

If you pick up a flu virus, you won't necessarily come down with the flu. Whether or not you become ill will depend on how well your immune system deals with the virus. So you might say that a virus doesn't give you the flu; an immune system that doesn't defeat the virus is what gives you the flu. The key is immunity.

Fortunately, strengthening the immune system isn't very hard; it just takes some discipline and common sense. First off, it's important to follow a healthy lifestyle that includes regular exercise, a nutritious diet, and an adequate amount of sleep.

Studies have shown that it's also helpful to supplement with a few proven immune system enhancers, such as Echinacea, and vitamins C, E, and beta carotene—all of which have been shown to help fight colds and flu. Selenium is also an effective flu

fighter, as are zinc and N-acetylcysteine (NAC)—an amino acid that stimulates your body to produce the powerful antioxidant enzyme glutathione.

Eating a daily clove of fresh, raw garlic, which is loaded with plenty of antibacterial and antiviral properties, can also bolster your natural defenses. And avoid sugar whenever possible—even a single teaspoon can impair the immune system by 50 percent for several hours.

Over the years, we've also covered a variety of natural products that have been shown to enhance the immune system to provide protection against viruses and bacteria, including:

- ProBoost and T-Cellerate—two products that deliver a thymus gland protein that stimulates the T-cells responsible for immune response
- ImmPower-AHCC—a T-cell booster that also increases natural killer cell activity, which helps eliminate cells infected with viruses
- ImmunoCare—an Ayurvedic herbal blend that prompts production of a specific type of infection-fighting white blood cell

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And another thing...

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operated on.

...If your thoughts are muddled and your memory is not quite as sharp as it used to be, you may just need some extra sleep. When researchers examined the effects of mild to moderate sleep loss on a group of young and middle-aged adults, scores on memory tests dropped among those who had the least amount of sleep over three nights. Eight hours of sleep per night is generally recommended, but many people regularly sleep less than five.

...A surprising study shows that older adults who practice private religious activities (such as scripture reading and prayer) spent, on average, less than half the time in nursing facilities or rehabilitation centers, compared to those who didn't engage in religious activities. Most surprising: These results were strong in women and black people of either gender, but did not apply at all to white males.

.....
And, in case you didn't see it in the *e-Alert*...

...Lifelong occupations may provide a hint about Alzheimer's disease (AD) risk during retirement years. Researchers found that AD cases were significantly lower among subjects who experienced greater mental demands in their occupations, while AD cases were markedly higher among those whose occupations required more physical than mental activities. This helps con-

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And another thing...

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firm previous evidence that an active brain may be more likely to stay healthy as it ages.

...Sleep habits may improve for people who practice Tai Chi, the gentle exercise method based on Chinese martial arts. For six months, researchers studied two groups of elderly subjects who either practiced Tai Chi, or took low-impact exercise classes. Both groups improved in cognitive thinking scores, but sleep quality and duration improved only among those in the Tai Chi group; their sleep duration averaged nearly 50 minutes more each night.

...Fish intake may provide protection from the risk of ischemic stroke, the type of stroke that occurs when an artery leading to the brain is blocked. Researchers analyzed eight different studies that examined the relationship between fish intake and incidence of stroke among more than 200,000 subjects. Their conclusion: Fish consumption protects against the risk of ischemic stroke even if only one to three servings of fish are eaten each month.

To your good health,



Jenny Thompson

For FREE access to urgent health information, sign up for the HSI e-Alert update service. Visit our website at www.HSIBaltimore.com today to enroll.

flu vaccine

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- Transfer Factor—isolated sets of molecules from colostrum that protect against parasites and viral infections

For more details about how these products affect the immune system and where to purchase them, refer to the September 2004 issue of *Members Alert*. To access it online, sign in at www.hsibaltimore.com.

HSI

Panelists in action

Get the information you need to save your heart—and your life

On Saturday December 4th, HSI panelist Al Sears, M.D., will be a featured speaker at the Wellness Research Foundation's conference titled "The Ageless Heart." The conference will be held in Palm Beach, Florida and will cover everything you need to know to keep your heart operating at peak performance, including why giving up eggs and red meat, jogging, and taking heart drugs will not save you from heart disease, how to use simple strategies that work to enhance heart strength and youth to "bulletproof" your heart, and the connection between dental health and your heart. The all-day conference costs \$199 and includes a free copy of "The Ageless Heart" report. For more information or to reserve your spot, visit www.alsears.com or call (561)784-7852. Deadline for registration is November 20, 2004.



Al Sears, M.D.

MEMBER SOURCE DIRECTORY

Arthroxin, Healthy Hotline; tel. (866)676-4325; fax (562)439-4163. One jar (generally a one-month supply) costs US\$35.00, plus shipping.

Farabloc, ABC Health Solutions; ph. (253)631-8270 or (206)949-2097; fax (253)639-2467; www.abchealthsolutions.biz.

Fat Flush Whey Protein (shake), UniKey Health Systems; tel. (800)888-4353; www.unikeyhealth.com; a 2-lb container is US\$44.95 plus shipping. HSI members receive a 10-percent discount.

Private Reserve SuperFood (shake), Baseline Nutritionals; tel. (800)695-5995 or (915)546-6031; www.baselinenutritionals.com. One container is US\$89.95 plus shipping. Buy three or more containers and get a discounted rate of US\$60.00 per container.

HSI website log-on info (NOVEMBER):

Username: november Password: care

Please note: HSI verifies all product information when the Members Alert is written; however, pricing and availability can change by the time the issue is delivered. We regret that not all products are available in all locations worldwide.

The above statements have not been evaluated by the U.S. Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.